



# MEDICAL EXAMINATION REQUEST

To:

**Please carry out a pre-sea/periodic/other\* health assessment of**

**For the position of**

The medical examination forms should be kept in your confidential files in accordance with normal medical practice.

Your account should be forwarded to:

\* Delete as applicable

## Work environment

### For examining doctor's information

Work at sea may require physical effort within the limits set by applicable international health and safety legislation and awards. This may include exposure to:

- Noisy work environment
- Communicating by radio
- Handling solvents, oils, grease or paint
- Manual work e.g. lifting, pulling, reaching, shovelling
- Prolonged sitting/standing
- Hot environment/cold environment
- Working at heights up to 30 metres
- Working near machinery
- Climbing on vessels and ships small craft
- Climbing ladders (rope and steel rung)
- Working in confined spaces
- Close eye work
  - reading charts, diagrams, safety instructions, manuals
  - using a computer
- Colour vision to identify navigation lights, coloured wires
- Operating ships, small vessels, cranes, forklifts, hoists
- Operating handtools and powered tools eg rattlegun, airhammer
- Work in areas remote from medical care

See also the relevant job task analyses which are in the *Guidelines for the medical examination of seafarers and coastal pilots*.

If in your opinion the applicant is generally fit for employment but you believe his/her employment should be restricted in relation to any of these activities this should be indicated on the *Certificate of Medical Fitness*.

Please note that the following tests will be required for each job group.

<b>Audiogram</b>	All ships crew if clinically indicated
<b>Spirometry</b>	All ships crew if clinically indicated
<b>Resting ECG</b>	All ships crew 55 years of age and over Stress ECG: if <input type="checkbox"/> clinically indicated
<b>Chest x-Ray</b>	Divers New <input type="checkbox"/> entrants ie pre-sea
<b>Vision Screening</b>	All ships crew